



# NEW YORK

# YORK

OPEN TOURNAMENT

26<sup>th</sup> Annual  
**Karate-Do**  
Championships

Tournament Schedule  
8<sup>th</sup> October **2023**



# NEW YORK

## OPEN TOURNAMENT



## Welcome To 2023 New York Open

We are delighted to gather all martial arts enthusiasts, competitors, and spectators for an exhilarating display of skill, strength, and discipline. As the stage is set, prepare yourself for an extraordinary event that will leave you inspired and in awe.

Throughout this tournament, you will witness the harmony between mind and body as dedicated athletes from diverse backgrounds showcase their mastery of Karate techniques. With unwavering focus and determination, these competitors will engage in fierce battles, embodying the spirit of perseverance and respect.

Whether you are a participant seeking to prove your mettle or an avid fan cheering on your favorite fighters, this tournament promises to deliver breathtaking moments that will leave an indelible mark on your memory. Each strike, each kick, and each defensive maneuver will captivate your senses, as the arena reverberates with the intensity of the battles.

In the midst of this competition, we must not forget the core values of Karate – discipline, integrity, and sportsmanship. Let us come together in unity, upholding the traditions of this ancient martial art, as we foster an environment of mutual respect and admiration for one another.

To all the participants, we applaud your dedication and commitment to the art of Karate. Remember, it is not merely about victory or defeat but about the journey of self-improvement and personal growth.

To the spectators, brace yourselves for an unforgettable experience filled with adrenaline and excitement. Let us join hands and cheer for these remarkable athletes, acknowledging their hard work and applauding their achievements.

Once again, welcome to the Karate Tournament! May this event be a celebration of resilience, honor, and the unbreakable spirit of martial arts. Get ready to witness the extraordinary and embrace the power of Karate!





# NEW YORK

OPEN TOURNAMENT

## TOURNAMENT INFORMATION

- Date :** Sunday, October 8th 2022
- Venue:** SUNY Westchester Community College 75 Grasslands Road, Valhalla, NY 10595
- Time:** 9:00 AM. - Competitors are urged to arrive on time.
- Registration:** Registration ends October 6th at midnight Register online at [www.tournamentinthebox.com](http://www.tournamentinthebox.com)
- Phone:** (914) 294-0062
- Email:** [newyorkopenkarate@gmail.com](mailto:newyorkopenkarate@gmail.com)
- Fees:** One event - **(\$85.00)** Two events - **(\$85.00)** Three events - **(\$100.00)**  
Team events - **(\$90.00)** Coaches Pass - **(\$45)**

**Note:** *Late registration: after October 6th, an additional \$50.00 fee per entry applies. All fees are final!*

**Awards:** First, Second, and Third place will receive medals.

- Order of Events:**
1. All Senior Black Belts Kata 9:15AM
  2. All Kobudo 9:15 AM
  3. All Children Kata & Kumite 9:15AM
  4. Adult Team Kumite 12:30AM
  5. All Senior Black Belts Kumite 10:30AM
  6. Junior Kata & Kumite 1:30PM
  7. All Senior Beg./Nov./Int. 2:30PM

*The Tournament Director reserves the right to change or combine divisions. No one can register for more than one event outside of their age and belt level.*



# NEW YORK

OPEN TOURNAMENT

## TOURNAMENT INFORMATION

- Competitor's Dress Code:**
- Solid white traditional gi (no logos or decals on the arms or back of the uniforms, school or organization patch is oka. Uniform MUST be in almost new condition)
  - No jewelry during the competition.
  - Toe and fingernails must be trimmed short.
- Referee's Dress Code:**
- Black official Adidas polo shirt, gray slacks, black shoes, and blue jacket.
- Coach's Dress Code:**
- Long pants, athletic shirt short or long sleeves (no tank-tops or cropped shirts), and team/school/ organization jacket

## TOURNAMENT RULES & REGULATIONS

- Kata:**
- All contestants must perform Okinawan or Japanese Kata.
  - Beginner & Novice contestants (10th Kyu to 4th Kyu) must use Pinan (Heinan), Gekisai, Tioshi Shodan, Kanshiwa, Kanshu, Fukyugata, Taikyoku, Tekki Shodan, Naifanchi Shodan, Kihon Kata, etc.
  - All Beg., Nov. & Int. competitors have the choice to repeat their kata or perform a different kata each round. Intermediate (Brown belts) cannot perform katas from the USANKF advance list, unless combined with the advance division.



# NEW YORK

OPEN TOURNAMENT

## TOURNAMENT RULES & REGULATIONS

### Weapons:

- All black belt divisions must perform a different kata in each round.
- All kata will be performed simultaneously, except 16-17 years & adult black belt divisions.
- Only traditional weapons, Bo, Sai, Tonfa, Eku, Kama, Jo, are allowed.
- NO NUNCHAKU – STATE LAW. SWINGING OF KAMA (SICKLES) BY STRINGS WILL NOT BE PERMITTED.

### Kumite:

- WKF modified rules. One minute stop time. 8-Point System will be utilized for 13 yrs. & under; Cadets & Juniors 1 ½ min. Adult black belt matches will be 3 minutes, all matches will be Stop Time.
- Rotational Team Kumite: AAU modified rules

### Equipment:

- **MANDATORY:** Protective headgear (ages 13 and under), red & blue WKF style kumite mitts, red and blue WKF style shin and foot protectors (White is okay), and mouthpieces are required for all participants; groin cups are required for males. Chest protectors for female participants is recommended and Body protectors recommended for all. Safety glasses with a restraining band will be allowed. Other types of eyewear are not acceptable in kumite.





# NEW YORK

## OPEN TOURNAMENT

## RULES OF THE ROTATION KUMITE

**6-MINUTES running time:** Clock stops only upon Referee's request.

Each Team must have 3 competitors in each round or be disqualified. Each team may have one reserve competitor.

Each competitor must fight at least once and for at least 15 seconds in each round. If at the end of the round, one of the competitors has not fought, the team will be disqualified.

- **EXCEPTION:** If a competitor is 6 points ahead of the other team before the end of the round, his/her team will be declared winner even if the other 2 members did not fight.

### CRITERIA FOR DECIDING THE WINNING TEAM

- No point limit. Each team may score as many points as possible during the 6 minutes round. The team with most points at the end of the 6 minute round wins. However If a team reaches an advantage of "6 points" (3 Ippon, 6 waza-ari, or a combination of Ippon and waza-ari), within the 6 minutes prescribed time, it will be declared the winner.
- If there is a tie the team with most Ippon wins.
- If there's still a tie, HANTEI will be called.
- If the judges' decision is HIKIWAKE, 2 minutes extension (Encho-Sen), first point wins. One competitor from each team will initiate the extension. This competitor may be changed after the extension has begun.



# NEW YORK

OPEN TOURNAMENT

## RULES OF THE ROTATION KUMITE

### SUBSTITUTIONS IN TEAM ROTATION:

- A Change-Judge will be used in Team Rotation to substitute a fighter. The Change-Judge's sole function is to indicate to the referee when and which competitor should be changed.
- During the match the coach of either team may make as many substitutions between the 3 team members as he or she want after the member has fought for at least 15 seconds.
- Each competitor must be ready at all times with all required kumite equipment to enter the ring when referee calls for a "CHANGE".

### SUBSTITUTION PROCEDURE:

- Each member of each team must fight for at least 15 seconds before a substitution or "CHANGE" can occur. After a team member has fought for at least 15 seconds, a coach can ask for substitution by verbally saying "CHANGE" to the Change-Judge.
- The Change-Judge will use a whistle and a flag as a signal to indicate to the Referee that a "CHANGE" has been requested so that the Referee will stop the match to allow a substitution.
- Only the Referee can decide when to stop the match and allow the substitution, by calling "CHANGE". The substitution has to be made within 3 seconds. If the change exceeds these 3 seconds, the Referee will penalize the team involved for time wasting, with Kinshi and not permit the substitution.
- Any substitution or "CHANGE" done without the referee's command will result in a penalty of Kinshi.

Both competitors cannot be substituted at the same time. The team who made the request for a "CHANGE" first will have it's competitor be substituted.



# NEW YORK

OPEN TOURNAMENT

# TOURNAMENT DIVISIONS

## KOBUDO KATA

ID	Division	ID	Division
W-1	Youth 12 years & younger ( <b>Beg./Nov.</b> )	W-4	Children 12 & younger ( <b>Adv. Brown &amp; Black Belt</b> )
W-2	Juniors 13 – 17 years	W-5	Juniors 13 – 17 years
W-3	Adults 18 years & over	W-6	Adults 18 years & over

## YOUTH KATA & KUMITE

ID	Division	ID	Division
K-1	5 year old and younger ( <b>Beg./Nov.</b> )	K-21	Girls 10-11 years old ( <b>Adv.</b> )
K-2	Boys 6-7 year old ( <b>Beg.</b> )	K-22	Boys 12-13 years old ( <b>Beg.</b> )
K-3	Boys 6-7 Years old ( <b>Nov.</b> )	K-23	Boys 12-13 years old ( <b>Nov.</b> )
K-4	Boys 6-7 Years old ( <b>Int./Adv.</b> )	K-24	Boys 12-13 years old ( <b>Int.</b> )
K-5	Girls 6-7 Years old ( <b>Beg.</b> )	K-25	Boys 12-13 years old ( <b>Adv.</b> )
K-6	Girls 6-7 Years old ( <b>Nov.</b> )	K-26	Girls 12-13 years old ( <b>Beg.</b> )
K-7	Girls 6-7 Years old ( <b>Int./Adv.</b> )	K-27	Girls 12-13 years old ( <b>Nov.</b> )
K-8	Boys 8-9 Years old ( <b>Beg.</b> )	K-28	Girls 12-13 years old ( <b>Int.</b> )
K-9	Boys 8-9 years old ( <b>Nov.</b> )	K-29	Girls 12-13 years old ( <b>Adv.</b> )
K-10	Boys 8- 9 years old ( <b>Int./Adv.</b> )	K-30	Boys 14-15 years old ( <b>Beg.</b> )
K-11	Girls 8-9 years old ( <b>Beg.</b> )	K-31	Boys 14-15 years old ( <b>Nov.</b> )
K-12	Girls 8-9 years old ( <b>Nov.</b> )	K-32	Boys 14-15 years old ( <b>Int./Adv.</b> )
K-13	Girls 8-9 years old ( <b>Int./Adv.</b> )	K-33	Girls 14-15 years old ( <b>Beg.</b> )
K-14	Boys 10-11 years old ( <b>Beg.</b> )	K-34	Girls 14-15 years old ( <b>Nov.</b> )
K-15	Boys 10-11 years old ( <b>Nov.</b> )	K-35	Girls 14-15 years old ( <b>Int./Adv.</b> )
K-16	Boys 10-11 years old ( <b>Int.</b> )	K-36	Boys 16-17 years old ( <b>Beg.</b> )
K-17	Boys 10-11 years old ( <b>Adv.</b> )	K-37	Boys 16-17 years old ( <b>Nov.</b> )
K-18	Girls 10-11 years old ( <b>Beg.</b> )	K-38	Boys 16-17 years old ( <b>Int./Adv.</b> )
K-19	Girls 10-11 years old ( <b>Nov.</b> )	K-39	Girls 16-17 years old ( <b>Beg.</b> )
K-20	Girls 10-11 years old ( <b>Int.</b> )	K-40	Girls 16-17 years old ( <b>Nov.</b> )
		K-41	Girls 16-17 years old ( <b>Int./Adv.</b> )





# NEW YORK

OPEN TOURNAMENT

# TOURNAMENT DIVISIONS

## ADULT KATA

### ID Division

- K-42 Female 18-34 **(Beg.)**
- K-43 Female 18-34 **(Nov.)**
- K-44 Female 18-34 **(Int.)**
- K-45 Male 18 - 34 **(Beg.)**
- K-46 Male 18 - 34 **(Nov.)**
- K-47 Male 18 - 34 **(Int.)**

### ID Division

- K-48 Female 35 + **(Beg.)**
- K-49 Female 35 + **(Nov.)**
- K-50 Female 35+ **(Int./Adv.)**
- K-51 Male 35+ **(Beg.)**
- K-52 Male 35+ **(Nov.)**
- K-53 Male 35+ **(Int.)**

## YOUTH KATA & KUMITE

### ID Division

- S-1 5 year old and younger **(Beg./Nov.)**
- S-2 Boys 6-7 year old **(Beg.)**
- S-3 Boys 6-7 Years old **(Nov.)**
- S-4 Boys 6-7 Years old **(Int./Adv.)**
- S-5 Girls 6-7 Years old **(Beg.)**
- S-6 Girls 6-7 Years old **(Nov.)**
- S-7 Girls 6-7 Years old **(Int./Adv.)**
- S-8 Boys 8-9 Years old **(Beg.)**
- S-9 Boys 8-9 years old **(Nov.)**
- S-10 Boys 8- 9 years old **(Int./Adv.)**
- S-11 Girls 8-9 years old **(Beg.)**
- S-12 Girls 8-9 years old **(Nov.)**
- S-13 Girls 8-9 years old **(Int./Adv.)**
- S-14 Boys 10-11 years old **(Beg.)**
- S-15 Boys 10-11 years old **(Nov.)**
- S-16 Boys 10-11 years old **(Int.)**
- S-17 Boys 10-11 years old **(Adv.)**
- S-18 Girls 10-11 years old **(Beg.)**

### ID Division

- S-19 Girls 10-11 years old **(Nov.)**
- S-20 Girls 10-11 years old **(Int.)**
- S-21 Girls 10-11 years old **(Adv.)**
- S-22 Boys 12-13 years old **(Beg.)**
- S-23 Boys 12-13 years old **(Nov.)**
- S-24 Boys 12-13 years old **(Int.)**
- S-25 Boys 12-13 years old **(Adv.)**
- S-26 Girls 12-13 years old **(Beg.)**
- S-27 Girls 12-13 years old **(Nov.)**
- S-28 Girls 12-13 years old **(Int.)**
- S-29 Girls 12-13 years old **(Adv.)**
- S-30 Boys 14-15 years old **(Beg.)**
- S-31 Boys 14-15 years old **(Nov.)**
- S-32 Boys 14-15 years old **(Int./Adv.)**
- S-33 Girls 14-15 years old **(Beg.)**
- S-34 Girls 14-15 years old **(Nov.)**
- S-35 Girls 14-15 years old **(Int./Adv.)**
- S-36 Boys 16-17 years old **(Beg.)**



# NEW YORK

OPEN TOURNAMENT

# TOURNAMENT DIVISIONS

ID	Division
S-37	Boys 16-17 years old <b>(Nov.)</b>
S-38	Boys 16-17 years old <b>(Int./Adv.)</b>
S-39	Girls 16-17 years old <b>(Beg.)</b>

ID	Division
S-40	Girls 16-17 years old <b>(Nov.)</b>
S-41	Girls 16-17 years old <b>(Int./Adv.)</b>

## ADULT KUMITE

ID	Division
S-42	Female 18-34 <b>(Beg.)</b>
S-43	Female 18-34 <b>(Nov.)</b>
S-44	Female 18-34 <b>(Int.)</b>
S-45	Male 18 - 34 <b>(Beg.)</b>
S-46	Male 18 - 34 <b>(Nov.)</b>
S-47	Male 18 - 34 <b>(Int.)</b>

ID	Division
S-48	Female 35 + <b>(Beg.)</b>
S-49	Female 35+ <b>(Nov.)</b>
S-50	Female 35+ <b>(Int./Adv.)</b>
S-51	Male 35+ <b>(Beg.)</b>
S-52	Male 35+ <b>(Nov.)</b>
S-53	Male 35+ <b>(Int.)</b>

## MALE & FEMALE BLACK BELT KATA

ID	Division
K-54	Male <b>16-17</b>
K-55	Male <b>18-34</b>
K-56	Male <b>35+</b>
K-57	Female <b>16-17</b>

ID	Division
K-58	Women <b>18 - 34</b>
K-59	Female <b>35+</b>
K-60	Senior Female and Men <b>49+</b>

## MALE & FEMALE BLACK BELT KUMITE (18+)

ID	Division
S-54	Female <b>-61 Kg</b>
S-55	Female <b>-68 Kg</b>
S-56	Female <b>+68</b>
S-57	Men <b>-75 kg</b>

ID	Division
S-58	Men <b>-84 kg</b>
S-59	Men <b>+84 kg</b>
S-60	Men 35 & Over <b>All weights</b>



# NEW YORK

OPEN TOURNAMENT

# HOTELS OVERVIEW

## Courtyard by Marriott Yonkers Westchester County:

- Travel Sustainable property (4.9 km from centre)

Courtyard by Marriott Yonkers Westchester County is situated in Yonkers, 2.1 km from Legoland Discovery Center Westchester.

📍 5 Executive Boulevard, Yonkers, NY 10701, United States



## Hyatt Place New York Yonkers:

- Travel Sustainable property (3.6 km from centre)

Offering an indoor pool and a fitness centre, Hyatt Place New York Yonkers is located in Yonkers. Free WiFi access is available. Empire City Casino is 1.4 km away.

📍 7000 Mall Walk, Yonkers, NY 10704, United States



## Hampton Inn & Suites Yonkers - Westchester:

- Travel Sustainable property (4.9 km from centre)

Hampton Inn & Suites Yonkers - Westchester, featuring an indoor pool and fitness centre, is situated in Yonkers. Free WiFi and on-site site parking are offered.

📍 559 Tuckahoe Rd, Yonkers, NY 10710, United States



**RFS**  
ADIDAS FIGHT SHOP



OFFICIAL DISTRIBUTOR

# NEW YORK

OPEN TOURNAMENT

## THINGS TO DO IN NEW YORK CITY

Valid  
**9 days**

### CITY CARD

See New York's top attractions, handpicked and packaged together at significant savings. Valid for 9 consecutive days from first use, the New York CityPASS® lets you spend less & experience more.



Duration  
**15-30 Min**

### ADVENTURE

Enjoy a bird's-eye view of New York's Manhattan Island on a sightseeing helicopter flight. Take in the city sights in a specially designed helicopter offering 180-degree views from the sky.



Duration  
**01 Hour**

### WATER ACTIVITY

Get up close to one of the world's most famous monuments and the emblematic entrance to New York's harbor. Sail around the Statue of Liberty on a sightseeing cruise that also journeys under the Brooklyn Bridge and over to Ellis Island.



Valid  
**1-2 Days**

### HOP-ON HOP-OFF TOUR

Discover the city that never sleeps aboard an open-top sightseeing bus in New York. Add a cruise, bike rental, skip-the-line Empire State Building tickets, or Statue of Liberty tickets to your trip.

